November 2020 Wellness check schedule

Tuesday	Wednesday	Thursday	Friday	Saturday
3	4	5	6	7
		Wellness		Wellness
		check ©		check ©
10	11	12	13	14
		Wellness		Wellness
		check ©		check ©
17	18	19	20	21
		Wellness		Wellness
		check ©		check ©
24	25	26	27	28
		Wellness		Wellness
		check ©		check ☆

There may be sudden changes in schedule.

Please check the website for the latest schedules.

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